

Gut Restoration Program

Knowing Your Body

Fatigue, “brain fog” and achy joints are just a few symptoms that your digestion may be off track. Our delicate balance of gut bacteria, called the “microbiome,” can become imbalanced and put our bodies in a non-optimized state. The right microbiome helps us digest food, absorb food, and protect us from pathogens like viruses, mold and bacteria.

The Microbiome becomes imbalanced as a response to many common practices including: chronic stress, chlorinated water, pesticides in our food and environment, antibiotic use, and use of medications.

The Gut Zoomer is a test used to identify the bacteria living in the intestines and colon, and is the first step in creating a plan to facilitate gut health restoration. The Gut Zoomer yields a 40-page comprehensive reports that identifies critical imbalances.

Sealing and Healing the Gut

Products in the protocol necessary to restore gut health will vary. Here is a breakdown of our clinical protocol products:

Interfase Plus breaks up the biofilm that is formed by certain pathogenic bacteria in the intestinal tract. Breaking up the biofilm is the first step in healing, as this will allow the immune system to detect the problem.

ProbioMax 350 DF contains 14 gut-defending microbes with a total of 350 billion colony forming units, or CFUs. These microbes have been genetically characterized and tested for your safety and assurance.

ProbioMax IG 26 DF contains immunoglobulins proven to inhibit non-beneficial bacteria from adhering to the intestinal wall. This facilitates beneficial bacterial balance.

ProbioMax Daily DF is a daily probiotic containing 30 billion CFUs, and will be taken daily as a maintenance dose on the aforementioned products have been used.



Identify the Microbes: Friend or Foe



Build in the right nutrients



Heal it, Seal it, Feel it!

Build a better you from the inside out...

During each encounter at Integrative Health Solutions, your doctor will help you pursue health goals in a clean, friendly, and peaceful environment. Utilizing the many diverse services and combining techniques will optimize your results

You only get one body.

Look better,

Feel better,

Live better.